

Teen Winter Retreat Packing List

The following clothing and equipment list is for your guidance. From experience, we have found that teens generally need no more than what is listed below. Try your best to pack light, but stay warm! **Please do not bring valuables or any electronic devices with a screen to camp (see our Screen-Free policy in the Parent & Camper Guidebook)**

	Clothing
	1 Pair of sneakers
	1 Pair of hiking boots/Waterproof winter boots
	4 Pairs of socks
	2 Pairs of underwear
	1 Short sleeve shirts/tank tops
	3 Long sleeve shirts
	2 Pairs of jeans/long pants
	1 Pair of pajamas
	1 Sweater/sweatshirt
	1 Warm jacket
	1 Warm hat
	1 Pair of mittens or gloves
	Bedding
	1 Pillow
	Fitted sheet and sleeping bag (rated at 20° F)
	<i>Flannel/fleece sleeping bag liner or blanket (optional—for extra warmth)</i>
	Other Things
	2 Quart-sized water bottles

	Garden Gloves for work project
	1 Daypack (school backpack, without wheels)
	1 Rain jacket or poncho
	2 Pair thin wool socks (hiking socks)
	Disposable Camera
	Other Important Items
	1 Bath towels
	1 Toothbrush and toothpaste
	1 Soap/shampoo
	1 Comb/brush
	1 Flashlight or headlamp, and extra batteries
	1 Sunscreen and lip protection (SPF 30 or higher)
	<i>Books (Optional)</i>